

STAGED DOOR MANOR

PERFORMING ARTS TRAINING CENTER

PARENT/CAMPER HANDBOOK FOR SUMMER 2015

We make this version of our camper handbook available during the application process. We will send our final Summer 2015 handbook in the Spring of 2015.



TRAVEL TO CAMP

Your child can travel to camp by car or plane. If your child is flying into New York, we can arrange for pick up at Newark Airport on the first day of our session (a transportation fee applies).

Each session begins on a MONDAY - June 15, July 6, or July 27, 2015

If you are traveling by car, please arrive between 10:00 AM and 11:30 AM. Please try to arrive at 10 AM, as that will give you plenty of time to unpack your child, take a campus tour, meet your child's counselor, etc. We ask that you leave by 12:15 PM so that we can begin orientation for the campers.

Each session ends on a SUNDAY – July 5, July 26, or August 16, 2015

We would appreciate it if you would come get your child by 9:00 AM on Sunday. Please do not delay (no matter what your child says) as we need students to be off campus by 10 AM. If your child is staying over until the next session, we will be taking him/her out to the movies and out to dinner. Stay-over campers are not permitted to go home with friends on this day.

AIRPORT INFORMATION

Campers come from all over the US and from many foreign countries! **Please schedule your flights as follows so that we can arrange to have your child picked up at the airport:**

ARRIVAL

**Newark Airport (EWR)
Between 10:00 AM and 12:00 Noon**

DEPARTURE

**Newark Airport (EWR)
Between 12:30 PM and 2:30 PM**

INFORMATION ABOUT AIRPORT PICKUP: Stagedoor staff members (wearing red Stagedoor Manor shirts and carrying signs) will meet all airline campers at security checkpoints and accompany them to baggage claim and to the waiting bus or van. Since flights sometimes arrive at similar times, our counselors may experience brief pick-up delays.

INFORMATION ABOUT DROPOFF: At the end of the session, campers on flights departing after 2:30 PM will be escorted to security and wait at the gate for their late flight. Our staff cannot remain in the airport after 3 PM.

There is an \$80 charge for transportation to or from Newark Airport.

LUGGAGE/SHIPPING INFORMATION

We will no longer accept FedEx or UPS shipments of luggage for students coming from the United States.

For ALL students driving to campus with family:

You may bring your luggage with you and do not have to use the Camp Shippers service (below). Please limit the weight of each bag to 50 lbs.

For ALL students arriving from the US via air:

Camp Shippers is now the exclusive domestic shipping agent for Stagedoor Manor. They will be in our lobby at the end of each session to pick up all luggage for return home.

If we are picking up your child at the airport:

Do not send luggage with your child, but rather send it via Camp Shippers. The coach bus cannot accommodate duffels or suitcases, but we are able to accommodate carry-on luggage.

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If you are not coming to production weekend, and your child is traveling to the airport on our bus, they may take their luggage on the bus home with them.

FREQUENTLY ASKED QUESTIONS

ARE THERE SPECIFIC DAYS AND PHONE HOURS WHEN MY CHILD CAN CALL? DO YOU HAVE A CELL PHONE POLICY? IS THERE INTERNET ACCESS?

We do not have a phone schedule. Your child may call home **after the first week of camp** during afternoon rec period or during evening rec. **There are NO OUTGOING CALLS the first week of each camp session to allow for adjustment to camp.** After this, outgoing phones will be open to campers on a scheduled basis.

We have found that cell phones are enormously disruptive of camp. Children should come to camp for the independent experience where they can learn to communicate and relate to others. **Therefore we have established a firm cell phone policy: Upon registering at camp, we ask that you or your camper turn their cell phone in to us.** Having no phone access for the first week of camp gives everyone time to make new friends and to adjust to a new schedule. The first Sunday of each session, your child may come to the office and retrieve their cell phone from us. **There is no internet access available to campers.**

WHAT IS PERFORMANCE WEEKEND?

Your child will be in two performances of the same production at the end of the session. Seven of the shows perform a Friday matinee and Saturday night performance; seven different shows perform Friday night and Saturday matinee. One show, a drama, performs Thursday night and Saturday morning. On Friday, all campers are required to be an audience member when they are not in a performance. On Saturday, however, you may take your child off camp during his/her non performance slot.

WHAT IS THE THURSDAY NIGHT SHOW?

During each performance weekend, one drama performs in our outdoor theater space (The Garden Theater) on Thursday night at 8:00 PM and Saturday morning at 10:00 AM. This is the only show that performs on Thursday – all others perform Friday and Saturday.

AUDITIONS AT CAMP

The excitement and learning at Stagedoor begin with auditions that take place during the first two days of each session. The purpose of the audition is to help us get to know you (and you to know us), to place you, initially, in your correct level of classes, and to cast you in your first round of plays.

We strive to create an easy, comfortable audition atmosphere that is non-competitive. **We want you to feel comfortable and relaxed.** Remember that all the directors and teachers want to help you to develop your own artistic nature and latent abilities.

If you want to perform in a musical: Please be prepared with 16 bars of a song, preferably from a past or present Broadway musical. Avoid rock songs and opera. **Please bring the sheet music with you to camp.**

For intermediate and advanced dance students: You will be asked to participate in a dance workshop audition with the heads of our dance department to be sure you are placed in the correct dance level.

For all performers: You will be given a short and easy scene to study. You will work on this scene with one of our directors, then you will read this scene with another camper in an informal audition.

IMPORTANT:

Auditions enable us to begin to know you. Your subsequent work in classes and rehearsals will be even more important. If you are with us for more than three weeks, you will be given the opportunity to audition again before each new round of shows is cast.

The shows we have chosen for the coming season range from basic Broadway hits to more advanced and challenging productions. They have been selected to help with your training, to enrich your understanding and admiration of theater, and for your enjoyment.

CLASS SELECTION

CHOOSING YOUR CLASSES

At Stagedoor Manor, you choose the classes **YOU** want to take, and **YOU** choose the balance between acting, voice, and dance classes.

- There are three 60-minute class periods each day (Monday - Saturday)
- All classes (excluding Master Classes) are taken 3 times per week
- Each camper must take at least 1 movement-oriented class, 1 acting-based class, and no more than 1 elective.
- Each camper chooses 6 different class subjects

In addition, there are 2 recreation periods, one in the afternoon and another after evening rehearsals, when you can choose from a variety of activities offered each day and evening.

For multi-session campers, you will have an opportunity to re-register and change your classes at the start of each 3 weeks.

First time campers ages 10 - 12 are required to take the Basic Acting course at Stagedoor in order to give them the foundation for future acting courses in the Stagedoor curriculum. This class will cover the fundamentals of acting as it is approached by the more advanced acting courses at Stagedoor.

The available class choices are listed and described on the next few pages. Please read through. Once you get to camp, you will register for the 6 classes of your choice.

The following are only our "core" classes, not all the class choices. Many more classes will be added once our final staff has been hired and we see what special and unique classes we can offer.

Please note: Campers selecting dance instruction will complete a placement process when they arrive at camp to assure they are placed in classes at the correct level.

Certain classes are considered "age appropriate" and are available accordingly.

THE FIRST ACTUAL CLASS REGISTRATION PROCESS OCCURS ON THE FIRST DAY YOU ARRIVE AT CAMP. Classes will commence on the 3rd day of camp.

CLASS DESCRIPTIONS (from SUMMER 2014)

ACTING/THEATRE

Advanced Shakespeare (Previous Shakespeare class required – Tier Class): Think you know Shakespeare? Think again. This class looks back at the way Shakespeare's plays were first stage in order to bring them to life for contemporary audiences. After first learning techniques that Shakespeare's actors employed the students will select one of Shakespeare's plays for further scene study and exploration. Students will analyze the text, using the tools learned in the first classes, and then present it *without ever rehearsing with their scene partner!* Think it can't be done? An experience like no other.

Audition – Cold Reading: Learn to prepare & perform cold reading style auditions. Exercises will focus on relaxation, vocal & physical preparation, cold reading techniques & secrets, and text interpretation. You will get several days of practical cold reading application practice.

Audition – College Monologue Prep (Level 3 ONLY): A class designed for the older camper to help them prep for a portion of their upcoming college auditions. Learn how to choose a great audition piece and techniques you can use to apply to both your classical & non-classical monologues.

Audition – Monologue Prep: How to choose the best monologue for you; suitability – expected audience – performance spaces – “castability” and stereo typing – building a history – setting and staging the piece. You'll discover the information within a monologue that will help you land the role by actually working on monologues in class.

Audition Process: In this course we cover all aspects of auditioning (expected audience, performance spaces “cast-ability” & stereo typing , building a history, setting & staging the piece, how to present yourself, headshots/resumes, etc) and how to best use your time in the audition room to help you book the job. You will get practical experience in the various types of auditions (cold reading, prepared pieces, improvised, etc) you will encounter.

Basic Acting (Level 1 ONLY – Tier Class): Students will explore the basics of how to create character, relationships, dialogue, and action. This class will allow the students to obtain a simple understanding of objectives, tactics, vocal flexibility, breathing, trusting your instincts, scene work, character analysis, and the acting basics. Level 1 students must attend this class in order to advance into future acting classes during the summer.

Building A Character: Learn to create a fuller, deeper character for your performances. This class focuses on how to breathe more life into your roles so that your characters become multi-layered and more exciting to your audiences. through improvisation techniques, movement exercises, text breakdown, observations and other tools designed to help the actor more fully develop a rich character life on stage.

Directing: Designed for those wanting to get an in-depth exploration of the art of the director. Student will look at staging basics with a focus on blocking and the creation of stage pictures. Students will discover how to approach a script, stage composition and collaboration with other theatrical artists. There may even be some time to direct your fellow classmates in selected scenes using your new skills.

Exploring Your Script – A class designed for the actor that would like to take one step further in the exploration of a script. Learn about what makes a piece of text work and how you can break it down from start to finish. Achieve a better understanding of how beats, intentions, exposition, inciting action, rising action, climax and the resolution of a script all intertwine to make the material come to life. This is a table work class and you should come prepared to be actively involved in the discussions.

Improv: Have a blast while you develop your acting skills of imagination, focus, concentration, teamwork, storytelling, etc... Perform a scene without a stitch of rehearsal or one word of written dialogue & build a scene that communicates an idea using action & dialogue that you create on the spot, using the essential acting elements of trust, 100% suspension of disbelief, and total acceptance.

Master Acting: An in depth self-exploration class where you will discover how to take all you have learned about acting and begin the process of developing your own style. Minimum age requirement of 15. This class meets every day and admission is based on an audition on the first class meeting.

Shakespeare: Designed to expand the students' knowledge & understanding of Shakespeare, focusing on the requirements necessary for effective communication of Shakespeare to an audience. Topics may include scansion, iambic pentameter, prose, making sense of the text & discovering the clues Shakespeare planted in his scripts. Students will work with monologues, scenes & sonnets.

Theatre Games: Varieties of fun activities that help build & develop your theatre skills; focus – ensemble teamwork – concentration – trust. You'll explore theatre through games and exercises that will help you as a performer increase your creative skills. A class designed around having an entertaining, and yet educational, experience through individual or group activities.

Theatre History in Performance: A three-dimensional history of theatre! This class will explore historical and cultural background, text analysis and onstage performance of plays ranging from ancient Greece to Commedia dell'Arte to Shakespeare to Chekov to Stoppard. Examine 2000-odd years of performing arts in five classes and walk out with the equivalent of a college-level introduction to theatre's importance and evolution around the world.

Tools Of Acting: The nuts & bolts of acting. This class covers all the basic skills used by actors on stage, no matter what technique (Strasberg, Stanislavski, etc) the actor chooses. Topics will include focus, concentration, trust, working within an ensemble, and to quote Shakespeare... "Suiting the action to the word and the word to the action."

STAGE MOVEMENT

Acting: Physical: This class serves to introduce the performer to the physical approaches and techniques of the actor's craft. Participants would explore through "On their feet" exercises two prominent techniques which provide the actor with an understanding of the way his/her body works & its movement through space and skills which develops the actor's physical awareness, strength, focus, concentration & presence. This class is great for actors and dancers.

Master Stage Combat (Previous stage combat required – Tier Class): This class moves from unarmed combat into weaponry with a focus on broadsword, rapier/dagger work, and found weapons. This is a very active class requiring closed toe shoes and NO jewelry. This class meets every day and choreographs a fight scene that will be showcased in the Dance Show at

the end of the second week of the session. Instructor's approval required to be admitted to the class.

Physical Comedy: Prat-falls, trips, double takes, pie-in-the-face and more. Learn how to properly use your body in comedic way without injuring yourself.

Stage Combat: This class is an introduction to basics of unarmed stage combat. A strong emphasis is placed on safety, measure, fight tempo, and pacing. You will learn a variety of punches – kicks – slaps – falls – chokes – what a "trigger" is and how to "sell" the violence. This is a very active class requiring closed toe shoes and NO jewelry.

Introduction to Viewpoints: An introduction to the physically-based performance techniques created by Mary Overlie and refined by Anne Bogart and Tina Landau. This class focuses on introducing the concept and practice of Viewpoints as well as utilizing Viewpoints to build ensemble and character. This is a physically demanding class, so participants must come dressed and ready to move.

Viewpoints: Technique of composition that provides a vocabulary for thinking about and acting upon movement and gesture. Originally developed in the 1970s by choreographer Mary Overlie as a method of movement improvisation, The Viewpoints theory was adapted for stage acting by directors Anne Bogart and Tina Landau.

ON-CAMERA & FILM STUDIES

Audition: On-Camera: An introduction to the basics of auditioning for the camera. Begin with the on-camera audition being the primary focus, slating, working within a frame, and how to rein in your performance while maintaining the intensity. Get practical experience in various On-Camera audition situations and get the opportunity to watch the playback so you can see yourself as the casting directors will see you.

Film Appreciation: In this class, you'll learn what it is to truly understand a film. Watch scenes, clips and even a full feature film and analyze the elements of what you've watched. Learn about the artistic choices that directors make and why it's important to the film. Discover elements of filmmaking and be able to watch a film and clearly know what most of the shots mean and be able to critique a film with a sound argument.

Film Production: This class is an exploration of the technical and theoretical aspects of film-making. Write your own scripts, create your own storyboards and film your own 1 minute movie using the concepts you've learned in class.

Introduction to Screenwriting: Learn the basics of cinematic storytelling. Develop an idea into a complete treatment. Grapple with the fundamentals of characters and them in the classic 3-Act structure. This is not a performance class.

Movie Making: This hands-on, time intensive course offers the advanced student the opportunity to participate (either in front of or behind the camera) in the making of a short film. The class meets either Period 2 or Period 3 every day.

On-Camera Acting: Going to the next level of on camera performance. You landed the job now what? Topics covered will include out of sequence filming & keeping your character's focus with various technical activities around and over an extended down period.

MUSIC & VOICE

A Cappella: With the influence of movies like “Pitch Perfect” and the growing popularity of a cappella groups, this class will explore the use of the voice and singing without the help of musical instruments. Discover how voices work together to create harmonies and full rich sounds. Whether working individually or together as a group, this is the perfect class to strengthen your vocal abilities.

Advanced Belt Technique: Covering the essential techniques for safe musical theatre belt. Students will explore the use of belt mix and other contemporary techniques. The class helps promote healthy sustainable contemporary sounds and learn when to use them.

Audition For The Musical: What song? What photo? What shoes? The class is designed to take the student through the whole professional audition experience, from song choices and how to prepare your music, through the actual audition. This includes the moment you walk through the door, taking the pianist through the song, saying your name and what you are going to sing, the song and performance itself, any questions that may be thrown at an auditionee, through to walking out the door at the end.

Classical Voice: Students will be taught the bel canto school of classical singing, an 18th-century operatic style focusing on the perfection of legato, agility, flexible delivery and tones in the higher registers. Students will discuss text and translations. Opportunities to sing in solo and group numbers and work one-on-one with the instructor. Emphasis on English and Italian repertoire from the 16th through 19th century will be studied. Previous experience in legit vocal study helpful but not required.

Contemporary Musical Performance: Want to discover new musicals or musicals you’ve never heard of? Then this is the class for you. Contemporary Musical Performance will focus on mostly unknown Composer and Lyricist and shows produced off Broadway and West End. Example: Scott Alan, Kerrigan and Lowdermilk, Adam Gown. An expansion of the original Musical Performance class.

Master Voice: This is an advanced level class, for the student who demonstrates a high level of vocal technique, and musical theatre understanding. The material used will be of an advanced standard, and the students will be expected to pick up the material very quickly. The class may include intricate harmony, vocal improvisation, musical theatre performance, harmonization, composition, script writing, and possibly a performance. An audition is required.

Musical Performance: This class is very open to instructor interpretation. The basis of the class is the musical theatre genre, although which direction the class goes is up to the teacher(s). Previous classes have included performing selections from throughout musical theatre history, taking three songs and getting the students to write a script around it in groups which they perform to each other on the last class, and learning and staging particular songs.

Popular Songwriting: Showcase your creative talent and love for music in this class where you will learn to develop and hone your songwriting skills. Get a better understanding of what it actually takes to combine all the elements into producing a hit record. Explore defining genre, song writing techniques, modulation and lyric writing. By the end of the class process, each student will have had a chance to write or finish an original song. Take your songwriting talents to the stage during the Singer/Songwriting Showcase.

Sight Singing/Theory I & II: This class is designed to teach you how to pick up a piece of music you have never seen before, and sight read the vocal line. You will learn basic music theory that relates to singing by sight, and through many practical exercises you will learn or improve how to read music and also improve your aural skills.

Singing Tech: The nuts & bolts of singing. Proper support & breathing...all the necessities that make up the foundation of proper singing.

Vocal Coach: Get more from your songs; more from the music, lyrics & content. This is a class with a more individualized focus.

Writing The Musical: The process of developing a musical from conception to performance. This class focuses on how to create a structured piece of musical theatre. Get hands on experience in composing music and lyrics, orchestrating, and the creative process with the opportunity to create your own musical to perform. This class is not a Master class, but it meets every day during Period 1.

DANCE

Ballet I: The first of the three levels is for the first time ballet student. This class introduces the student to Ballet terminology along with the basics of ballet including the positions of the feet, the positions of the arms, barre warm-up, and exercises in the center and across the floor. This is a process, oriented class and does not perform in the showcase. Dance attire is required, including ballet shoes. An audition is not required.

Ballet II: The second in a level of three is for the student who is able to demonstrate the basic terminology of ballet, both physically and verbally (i.e. tendu, degage, plie, releve, battement, rond de jambe...). This class builds upon the first level by continuing to focus on the student's alignment, flexibility, and understanding of established ballet steps and positions. This class is encouraged to perform in showcase. Dance attire is required, including ballet shoes. An audition is required.

Ballet III: The third in a series of three is designed for the student who has studied ballet for several years and is able to demonstrate artistic accomplishments at an advanced level. The student is expected to have a thorough understanding of barre technique, center work (include petite allegro and adagio) and grand allegro. This class is expected to participate in the showcase. Dance attire is required, including ballet shoes (point shoes optional). An audition is required.

Choreography: This is a dance composition class. The students learn the process of developing and staging a choreographed dance piece. Through the guidance of the instructor the students actively organize and create solo, duet, and group dances. The students are encouraged to perform their works in the showcase.

Commercial Dance I/II/III: A fusion of Hip Hop and Street Dance. Through active participation the students learn terminology and steps based upon the latest styles from the clubs, music videos and commercial dance world. This class is encouraged to perform in the showcase.

Irish: This class explores the traditional dance forms originating in Ireland which can broadly be divided into social dance and performance dances. Irish dancing, popularized in 1994 by the world-famous show *Riverdance*, is notable for its rapid leg and foot movements, body and arms being kept largely stationary. An audition is required for this class and will perform during the showcase.

Jazz I: The first of three levels is for the student who is beginning their studies of Jazz Dance. This class introduces Jazz terminology along with alignment, execution and flexibility. Basic steps and combinations covered in this class are developed to allow the student an opportunity to advance and continue their studies of Jazz dance. Projection and performance is also covered. Dance attire, including shoes is required. An audition is not required. This class does not perform in the showcase.

Jazz II: The second level of three is designed for the student who has previous jazz dance experience, preferably one year, and is a combination of the beginning level. The course builds upon the established technique and affords the student an opportunity to develop greater strength and flexibility. This class dances a short piece in the showcase allowing the student to experience the art of performing Jazz dance. Dance attire is required, including shoes. An audition is required.

Jazz III: The final of three levels of is designed for the student who has a superior understanding of Jazz Dancing. The student is required to be in excellent condition able to articulate, both physically and verbally, the exercises and combinations presented by the instructor. This is a fast paced, high-energy class. Dance attire, including shoes, is required. An audition is required. This class is required to perform in the showcase.

Master Dance: This class meets every day and is designed for the physically fit advanced dance student who demonstrates a highly evolved understanding of more than one dance style. This course is developed by the instructor and is based upon the technique and talents of the students as a group. Dance attire is required, including shoes. An audition is required. This class is performance orientated and is expected to dance in the showcase.

Modern I: This is the first level of the three and is designed to establish and instill technique of modern dance. The coordination of body and mind will be explored. Topics to be covered include space, time, gravity, structure and how it relates to the art of Modern dance. An established technique may be introduced (i.e. Graham, Horton, Limon, etc). Dance attire is required. An audition is not required. This class is process orientated and does not perform in the showcase. Dance attire is required.

Modern II: This is the second of three levels and builds upon the previous modern dance experiences of the students. Further studies may include movement qualities, fall and recovery, contractions, isolations, breathing, spiraling, and the use of opposition. Improvisation may also be introduced at this level. This class is encouraged to perform in the showcase. Dance attire is required. An audition is required.

Modern III: This advanced level class is for the student who demonstrates knowledge and appreciation of Modern Dance. This fast paced class allows the student to further explore a defined technique from an established school (i.e. Graham, Horton, Humphrey, etc)...or build upon previously established steps and movement phrases. Contact improvisation may be introduced at this level. Dance attire is required. An audition is required. Performance in the showcase is required.

Musical Theatre Dance I/II: You learn a variety of dance combinations using popular musical show tunes. In some instances you will learn original Broadway choreography. A great dance class for those who may not have a lot of movement/dance experience.

Tap I: The first of three levels is for the student who is just beginning or has just begun the study of Tap dance. This class introduces the basic steps/terminology associated with the art of tapping. Topics to be covered include alignment, technique, and execution of basic tap steps and combinations. This is a process orientated, participatory course that does not perform in the dance showcase. Tap shoes are required. An audition is not required.

Tap II: The second level of the three is for the student who has had at least one year of Tap Dance class and can verbally and physically articulate the Primary steps. The class introduces the various time steps and affords the student an opportunity to expand their tap vocabulary and learn challenging dance/rhythmic combinations. Performance encouraged. Tap shoes are required. An audition is required.

Tap III: The final level of the three is for the student who demonstrates, both physically and verbally, a higher understanding of Tap dance. The student should be able to immediately articulate the steps and combinations presented by the instructor. The class is developed from the previous experiences of the students and builds upon their strong foundation. Performance is required. An audition is required.

TECHNICAL THEATRE

Basic Stage Make-up: As an actor, it's essential to learn the art of applying stage makeup, and to be able to do so skillfully, and help in the distinguishing look of the character you're playing. This class will also take you through time to learn makeup styles from around the world including Egyptian, Rococo, and Kabuki. You will also explore techniques such as old age makeup and simple cuts and bruises.

Character Make-up: This class is based solely around your creativity and experimenting with different techniques while using a wide range of makeup products. Transform yourself into your favorite animal, someone from a different culture, an older version of yourself, and even a fantasy creature!

Costume Class: You'll learn elements involved in the costume design process. Discover where designer's get their creative impulses and then the journey that the designer's creativity makes from impulse thru sketches to construction. You'll even get a chance to create your own costume from an unusual fabric!?!

Hair & Wigs: In this class you will learn about the many kinds of hairstyles both for yourself and the stage! We will cover all kinds of braids, how to perfect those pin curls and even experiment with period styles such as victory rolls from the 40's and beehives from the 60's, and much more!

Special F/X Make-up: Learn slightly more advanced makeup techniques in this class such as large cuts, bullet holes, burns, and create whole looks as a zombie, frozen person and a victim of a pencil factory explosion!

Stage Management: You'll go thru the rehearsal period into production & performance. Learn to compile a promptbook, cover rehearsal reports, cueing a show, props list and so much more. The Stage Management class is linked to Dramafest and each student is assigned one show – or more depending on enrollment – and will also be involved in the “calling” of their assigned show. This is a great class for those interested in becoming a Stage Manager or furthering your knowledge of your previous stage management experience.

Tech Theatre: You explore & participate in every area of the technical side of theatre. You'll learn how to build a flat, hang a light, what goes into creating the props for a show and more. Plus, you'll learn from the experts themselves, as this class is team taught by the Stagedoor Technical Staff. This is a hands-on class & requires closed toe shoes & appropriate clothing.

FITNESS, SPORTS AND CREATIVE

Actor Health and Fitness Training: Take a Crash Course on caring for the most Important Instrument we use as performers...Our Body! Explore how you can improve your craft and performance by leading a healthy lifestyle. Class Participates in various Circuit Workouts to build endurance/strong core while discussing nutrition and its importance on the human body. Learn truth from myth and how Health and Fitness applies to a working Professional. Students must wear appropriate attire and be prepared to sweat!

Arts & Crafts: If you want to let your creative and artistic passions come to life, then this is the class for you. Get involved with hands on arts and crafts projects and stretch your imagination. Design and implement different projects and design things like friendship bracelets, door decorations, clay work, tie-dye, lanyards and more.

Free Swim: Take a dip in the pool on those hot days!

Playwriting: This class is meant to be an introduction to playwriting that will explore different areas that will serve as a way to start a play, no matter what the length. Students will use images, music, and personal experiences to create characters, setting, and plot that they will be able to use to foster ideas for writing projects.

Zumba: This is an exercise class accompanied by music. This is a conditioning class and is designed to tone and trim the student's bodies. Zumba sessions combine Latin music with popular Latin dances such as salsa, mambo, merengue, and samba. Don't worry if you're not a Latin ballroom trophy holder. Just keep kicking your legs and swaying your arms. Workout clothes required. Be sure to bring a bottle of water as well.

2015 CAMP GUIDELINES

To facilitate communication and avoid misunderstanding, please read and discuss the following with your camper PRIOR to arrival at camp.

GROUP LIVING

For the well-being of all, we follow these standard camping practices:

1. Medications (including aspirin, acetaminophen, and ibuprofen) will be stored in the Camp Health Center for distribution by our team of nurses (as per state law).
2. EACH CAMPER WILL FULLY PARTICIPATE IN A DAILY CLEAN-UP OF ROOMS. This includes bed making, clothing storage, bathroom maintenance, and other work assigned by counselors.
3. Disturbances after evening curfew will not be tolerated.
4. Staff and nurses are available to campers 24 hours a day.
5. The following can result in dismissal from camp:
 - A. Leaving camp without camp director's approval.
 - B. Smoking, use or storing of alcohol, marijuana, or any non-prescribed drug or illegal substance.
 - C. Continuous disruptive or destructive behavior.
 - D. Leaving buildings after curfew without adult supervision.

MAIL

1. Food in rooms attracts bugs and rodents! Packages are opened by the counselors. We will no longer accept perishable food if it arrives in camper mail. That means no cupcakes, cookies, etc will be accepted or delivered to campers. Gum is prohibited. Any food related issues should be brought to Barb's attention so that together we can create a solution.
2. **NEVER MAIL CASH TO CAMPERS!**

INTERNET ACCESS

There is no internet access available to campers.

It's camp: Unplug.

2015 CAMP GUIDELINES (cont'd)

PHONES & CELL PHONES

We **CANNOT** call campers to the phone except on the camper's birthday. Your best communication is by cheerful letter (which campers cherish and save). Campers can call you at scheduled times during the 2nd and 3rd weeks of each session. You will receive a schedule in the mail.

There are **NO OUTGOING CALLS** the first week of each camp session to allow for adjustment to camp. After this, outgoing phones will be open to campers on a scheduled basis. You should discourage frequent phone calls and encourage your child to write.

If you have disturbing news to relate or you wish to discuss your child's adjustment to camp, please contact Barb first for assistance.

Upon registering at camp, we ask that you or your camper turn their cell phone in to us. Having no phone access for the first week of camp gives everyone time to make new friends and to adjust to a new schedule.

The first Sunday of each session, we open up our phone room so our campers may contact their family. It is on this day that your child may come to the office and retrieve their cell phone from us.

CANTEEN

The camp canteen is open during recreation periods and after evening rehearsals. Canteen cards will be issued to your child and we will refund the unused monies at the end of camp.

VISITING

We know how beautiful the Catskill Mountains are and how tempting it is to come up for a weekend and visit your child. However, this disrupts our schedule, removes campers from their free time (and friends), and drastically reduces the independent experience. Therefore, there is NO VISITING outside the production weekend.

The **ONLY ORGANIZED TIME TO VISIT** is on production weekends. Each session ends on a Sunday – the Friday and Saturday before is our production weekend. **NO ONE** may take their child out after an evening performance on this weekend.

PLEASE NOTE THE FOLLOWING:

1. Only PARENTS can take their OWN CHILDREN off camp grounds during free time, and only if campers are signed out and in at the office or entry.
2. CAMPERS ARE NOT TO BE OFF CAMPUS AFTER 10:00 PM
3. Visitors under 21 are not allowed on camp grounds unless accompanied by camper's parents. Campers' friends are not allowed to visit without parents.
4. Former campers are welcome ONLY DURING THE FRIDAY PERFORMANCE AND MUST BE ACCOMPANIED BY THEIR PARENT.

PERFORMANCE SCHEDULES for SUMMER 2015

Stagedoor productions are presented in repertory style at the completion of each 3 week session. We will notify you of the exact dates and times of his/ her show. All shows are presented twice each weekend.

1st SESSION SHOWS: FRIDAY & SATURDAY, JULY 3 & 4
2nd SESSION SHOWS: FRIDAY & SATURDAY, JULY 24 & JULY 25
3rd SESSION SHOWS: FRIDAY & SATURDAY, AUGUST 14 & 15

Note: One drama performs Thursday night & Saturday morning of each Performance Weekend

Production Weekend is the culmination of three weeks of hard work and dedication. We want our campers to perform in a safe and positive environment. Help us achieve this endeavor by NOT USING flash photography and maintaining proper theater etiquette.

For the comfort of all audience members, the use of video equipment is restricted to the side and rear of the theaters.

HEALTH AND SAFETY AT CAMP

Health and safety are very important to us! We want all of our campers to feel comfortable and well. The best way for us to do this is to have information about each child. These forms are important on so many different levels. Please take time to fill them all in accurately.

HEALTH FORMS

We are required by law to have a current medical form on each camper, each year, PRIOR to their arrival at camp.

The medical form **MUST** have a doctor's signature.

Your child **MUST** have had an exam within the last year.

It is **REQUIRED** that we have the immunization dates of your child and that we have a medical signature stating that your child is able to participate at camp. If your doctor has his/her own form, just attach it to our enclosed form.

A child without this signed health history form cannot be accepted on opening day!

MEDICINE AT CAMP

If your child is on a daily medication, we REQUIRE that you contact CampMeds to have this medication pre-packaged. This is non-negotiable. (See paperwork enclosed in the packet you will receive in Spring 2015) CampMeds will take your prescription, and for a small fee, they will pre-package the pills into single doses. Each dose will be labeled with a day and a time. This insures that your child doesn't miss a dosage and it helps us to continue to run a safe, efficient health center.

All Medications and all vitamins must be pre-packed by CampMeds. No medication will be accepted on opening day unless it is pre-packed by CampMeds.

WHY ARE THE HEALTH FORMS NEEDED?

MEDICAL RELEASE / INSURANCE FORMS

These insurance forms should be accompanied by a photocopy of your insurance card. This form is used should we have need to bring your child to the doctor.

HOSPITAL RELEASE / MENINGITIS FORM

The Hospital Release / Meningitis Form must be signed so that in the event of an emergency, there is no delay in medical attention. A staff member accompanies every child to the doctor and/or hospital.

We have never had a case of Meningitis! But, as a sleep away camp, we fall under the same category as Universities and Colleges within the Board of Health regulations. As such, we have to inform you and receive confirmation of having informed you about Meningitis and its risks.

Please read the forms carefully and discuss with your physician any questions or concerns. Then fill in the release form and get it back to us.

AND FINALLY....

Please contact us with any questions you may still have. We are happy to answer them or chat with you about any of the information in this booklet.

Please contact Barb Martin at:

barb@stagedoormanor.com

For additional information, please visit our website:

www.stagedoormanor.com

Click on "MORE INFO"

